

Canine Wellness Spa

We are proud to announce our new services offered

at the Canine Wellness Spa at Barkingham Pet Hotel

California. Please call for information and reservations.

Barking Pet Hotel California 760-691-5750 73650 Dinah Shore Dr Palm Desert , CA 92211-2088

AQUATICS



Our aquatic services are held in our Hudson Aquatics "Aquapaws SS" Underwater Treadmill. We offer three types of aquatic services to meet the individual needs of your best friend.

HYDROTHERAPY

Our hydrotherapist uses our underwater treadmill to offer your pet relief for a wide variety of muscular and skeletal conditions. Hydrotherapy provides minimal to zero impact exercise which can help with the effects of aging, weight loss and may enhance a pet's range of motion, balance, mobility, and flexibility. It also helps to reduce anxiety and build confidence. Hydrotherapy aids in strengthening your dog's muscles and can help improve your dog's gait. The duration of therapy, the water level, treadmill speed, and overall activity will be customized to the needs of your dog.

FLOAT THERAPY

Canine Float and Massage in the Water

Designed to relax the mind and body simultaneously, our hydrotherapist uses float therapy which proves particularly advantageous for dogs facing anxiety, depression and behavioral challenges. It's also therapeutic for senior dogs dealing with pain and aging issues. Your dog is lovingly cradled by our hydrotherapist who will perform gentle swaying movements to relax the mind and body. Your pet will enjoy canine massage therapy in the warm water as they float the stress away.

BENEFITS OF AQUATIC SERVICES:

- Pain Management
- Improved Range of Motion
- Enhanced Muscle Tone
- Faster Recovery from Surgery or Injury
- Weight Management
- Stress and Anxiety Reduction
- Increased Circulation
- Improved Cardiovascular Health





WELLNESS massage | cold laser

CANINE MASSAGE THERAPY

Canine massage therapy is beneficial for a diverse range of dogs, from active athletes in need of injury prevention to seniors seeking joint support. It's particularly advantageous for dogs facing various conditions, including arthritis, muscular tension, anxiety, or those recovering from injuries, as it promotes pain relief, improved mobility, and overall emotional well-being. The 45-minute session* boasts the following benefits.

Benefits:

- Pain management/reduction
- Elevated mood
- Reduced anxiety
- Enhanced range of motion
- Improved sleep
- Managed injuries
- Increased circulation
- Healthy bowl movements



CANINE WELLNESS VISIT: Massage therapy with cold laser therapy

Enhancing your dog's well-being, the canine wellness visit combines massage, cold laser therapy, and acupoint laser therapy tailored to their unique needs. Aromatherapy and music therapy further elevate this holistic and relaxing session, with treatments customized to your dog's individual requirements during the 45-minute session*.

Benefits:

- Pain management/reduction
- · Chronic pain relief
- Elevated mood
- Reduced anxiety
- · Enhanced range of motion
- Managed injuries
- Increased circulation
- Improved tissue healing
- Reduced inflammation
- Improved tissue healing
- \cdot Improved sleep
- · Dermatological Conditions and wound healing

*or up to 30 minutes for puppies







ANXIETY-RELIEF THERAPIES



ANXIETY RELIEF MASSAGE & "FLOAT" WATER THERAPY

Combining canine massage therapy with hydrotherapy, this anti-anxiety session is ideal for dogs facing various anxiety types. Lasting one hour, it includes stress-relief points, therapeutic touch, and relaxation through massage, customized for your dog's needs. Following the massage, your dog will enjoy a "Float" session as described above.

ANXIETY RELIEF MASSAGE

Whether your dog is nervous around new people or experiences generalized anxiety, this anti-anxiety massage aims to create a serene and nurturing environment, fostering both physical and emotional well-being for our canine companions. The massage focuses on specific stress-relief points, employing a soothing touch to alleviate tension and induce a deep sense of relaxation. Tailored to meet the unique needs of each dog, this therapeutic session combines canine massage with calming aromatherapy, and music therapy. This massage is up to 45 minutes.

ANXIETY RELIEF "FLOAT" WATER THERAPY Canine Float and Massage in the Water Your pup is cradled in the arms of our hydrotherapist in this warm water "float" relaxing the mind and body. Swaying motions aid relaxation in this anti-anxiety-focused session. If your dog likes to walk or swim we have the option to use the underwater treadmill to work off anxiety. The 30-minute session includes up to 25 minutes of water activity.

DOG TRAINING AND CANINE MASSAGE OR HYDROTHERAPY

COMBINED Help ease your dog's anxiety or fear aggression

When dealing with a dog with anxiety or fear aggression, there are many modalities of treatment available at Barkingham. We believe that a combination of training and therapy will help your dog learn to achieve their most relaxed state.

Dog training for this healing is specifically developed to help dogs with anxiety issues or aggression issues stemming from fear. Your dog will learn with Kat the Dog Trainer in their training session, and also enjoy an Anxiety-relief Massage or Hydrotherapy session from our Canine Therapist, Wendy Rall. Hydrotherapy can include exercise to help your dog's energy have a place to go, and may include a "Float session" for relaxation of both the mind and body.

Customized Package Plans will be developed for the needs of your dog. Please call to begin with a complimentary phone consultation with our Therapist Wendy Rall to get the ball rolling followed by a phone consultation with Kat the dog trainer.

KINESIOLOGY TAPING and elevating elements



KINESIOLOGY TAPING

Kinesiology taping for dogs is an innovative therapeutic technique that involves applying elastic tape strategically to a dog's body. Mimicking the skin's elasticity, this non-invasive method provides gentle support to muscles and joints while allowing for a full range of motion. Particularly beneficial for dogs recovering from injuries or surgeries, kinesiology taping aids in reducing swelling, improving circulation, and supporting the natural healing process. Beyond physical support, this technique enhances proprioception, helping dogs become more aware of their



body movements. Whether applied for injury prevention in athletic dogs or to offer joint support for seniors, kinesiology taping stands as a versatile and effective tool in the realm of canine rehabilitation and wellness.

ELEVATING ALL SERVICES ARE:

MUSIC THERAPY

Elevating the sensory experience, carefully curated and clinically tested music graces your pet massage sessions, eliciting natural relaxation. This music can have calming effects, reduce anxiety, and contribute to an overall sense of well-being for our four-legged companions.

AROMATHERAPIES

Soothing fragrances are seamlessly woven into your pet's therapeutic session, diffusing gently during massages to create an atmosphere of tranquility. At the onset, the session is enhanced with the aromatic embrace of Rescue Remedy flower essences,



MEET OUR THERAPIST





Meet Wendy Rall, CMFT, CCH, CACLT, CCKTP a dedicated certified hydrotherapist with over two decades of experience helping dogs in need. Wendy's passion for canine well-being goes beyond hydrotherapy as she holds certifications in multiple styles of canine massage therapy, cold laser therapy, laser acupoint therapy, and kinesiology taping.

Known for her calm demeanor, Wendy creates a serene and peaceful atmosphere for her wellness and hydrotherapy sessions. Her ability to connect with dogs is remarkable, and it's no surprise that they all seem to adore her. As a co-founder of the Los Cabos Humane Society in Mexico, she also has an extensive history of rescuing dogs from the streets where she gained her experience in working with anxious dogs.

Wendy's holistic approach to canine care, coupled with her extensive skill set, makes her a trusted and beloved figure in the world of canine wellness.

Accomplishments/Credentials

Certified as a Top Practitioner by: Holistic Animal Studies Certified Myo-manipulative Functional Therapist Swedish, Shiatsu, and Guasha massage Certified Animal Cold Laser Practitioner Including laser acupoint therapy Certified Canine Kinesiology Taping Pratictioner

Canine Ripples Certified Canine Hydrother,Oapist

American Red Cross Certified in Cat and Dog First Aide and CPR

Certified and Insured by: ABMP Member: IAAW and ABMP Cofounder: Los Cabos Humane Society, Volunteer Director of Rescue: Los Cabos Humane Society, Volunteer Board Member and Graphic Designer: Cabo San Lucas Humane Society, Volunteer Graduate: Helen Woodward Animal Center ACES Program



RESERVE or find out more



Ready to provide your best friend with a personalized wellness experience? Call us today to learn more about our tailored therapy plans designed to meet the unique needs of your dog. Whether it's hydrotherapy, massage, or any of our specialized treatments, we're here to create a customized plan that ensures your canine companion receives the care they deserve. Give us a ring to discuss how we can enhance your dog's well-being or to reserve a session.

CALL

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